

# AUGUST 2019

## National Immunization Awareness Month

Vaccines are important for stopping the spread of diseases for people of all ages, whether it's on the playground or in an office. Without them, preventable diseases can infect you and those around you, causing sickness, hospitalization and even death. National Immunization Awareness Month promotes the importance of vaccinations for people of all ages.

Some people worry that vaccines will cause long-lasting side effects in the body, but this is not true. The most common side effect is redness around the area where the shot is administered, and the most severe is an allergic reaction to the shot—if this happens, consult your physician immediately.

For more information on National Immunization Awareness Month and how you can help spread the word, visit [www.nphic.org/niam](http://www.nphic.org/niam).

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<a href="#">Children's Eye Health and Safety Month</a> <a href="#">Digestive Tract Paralysis Awareness Month</a> <a href="#">Gastroparesis Awareness Month</a> <a href="#">National Breast-feeding Month</a> <a href="#">National Immunization Awareness Month</a> <a href="#">Psoriasis Awareness Month</a>						
				1	2	3
4 TAKE ACTION Week 1	5	6	7	8	9	10
11 TAKE ACTION Week 2	12	13	14	15	16	17
18 TAKE ACTION Week 3	19	20	21	22	23	24
25 TAKE ACTION Week 4	26	27	28	29	30	31

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