

Understanding Your Symptoms

Created by the CGO Wellness Team

SYMPTOMS	COVID-19*	COLD	FLU	ALLERGIES
 FEVER	Common (measured at 100 F or higher)	Rare	High (100-102 F), can last 3-4 days	No
 HEADACHE	Sometimes	Rare	Intense	Sometimes
 PAINS/ACHES	Sometimes	Slight	Common, Often Severe	No
 FATIGUE/ WEAKNESS	Sometimes	Slight	Common, Often Severe	Sometimes
 EXTREME EXHAUSTION	Sometimes (progresses slowly)	Never	Common (starts early)	No
 STUFFY NOSE	Rare	Common	Sometimes	Common
 SNEEZING	Rare	Common	Sometimes	Common
 SORE THROAT	Rare	Common	Common	No
 COUGH	Common	Mild to Moderate	Common, can become severe	Sometimes
 SHORTNESS OF BREATH	In more serious infections	Rare	Rare	Common
 RUNNY NOSE	Rare	Common	Sometimes	Common
 DIARRHEA	Sometimes	No	Sometimes**	No

*Information is still evolving

**Sometimes for children

