

Homeschooling Guide

Create a Schedule

Plan each day out from start to finish. Include a list of topics to work on and time frame for each subject. Invite your children to *help* you create the schedule. Have it visible so your kids can follow along and cross off as the day goes to stay engaged. Don't forget to add in breaks like recess, playtime, lunch, etc!



Have Some Fun

We will say it again- have some fun! Create games around learning. Let your kids learn topics they are interested or haven't had the chance to learn about. Allow time for your kids to learn how to do things around the house: house cleaning, pet care, yard-work, cooking, laundry folding, etc! These are still quality skills for all children to learn.



Be Kind to Yourself

Picking up homeschooling is not easy. Especially if you too are juggling your own work schedule. Be kind to yourself. This is a big change and will take some time to adjust too. Do the best you can when you can. Take each day, day by day and don't beat yourself up if one day wasn't as productive as you planned.

Plan a Space

Create a workstation that is specific for school time. That way your kids will know when they are sitting there they are in school mode. If possible, try to find a space that is away from common areas, TV room, etc. to minimize distractions.



Be Consistent

Consistency is key during these times where it is easy to get off track. Try to follow the same pattern each day from wake up to bedtime that mimics a normal school day and classroom routine. If each day is relatively the same it will help your kids get accustomed to this new routine.



Extra Tips

- **Use Timers-** they are a great tool to establish distinct start and end times to activities or tasks. When they hear the timer go off, that is their signal that it is time to move on!
- **Utilize Reading-** When in doubt, have your kids pick up a book! Allowing them to chose their book can help them stay engaged.
- **Don't strive for perfection!** This is a learning process for all of us, kids included!