

SEPTEMBER 2019

Pain Awareness Month

Opioid abuse is a national epidemic. Drug overdoses are one of the leading causes of death for Americans under the age of 50, according to data from the National Center for Health Statistics. With the popularity of synthetic opioids surging, experts predict the death toll will only increase.

Workplaces across the country are working to curb the misuse of prescription opioids. With more people falling victim to addiction, it's likely you know someone who is struggling with painkillers. Even indirectly, this stress can affect job performance and negatively affect your health.

If you are struggling with addiction, or know someone who is, visit www.cdc.gov/ for more information on getting help.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Childhood Cancer Awareness Month Fruits & Veggies—More Matters Month Healthy Aging Month National Atrial Fibrillation Awareness Month National Childhood Obesity Awareness Month National Food Safety Education Month National ITP Awareness Month		National Pediculosis Prevention Month/Head Lice Prevention Month	National Preparedness Month National Recovery Month National Sickle Cell Month National Traumatic Brain Injury Awareness Month National Yoga Awareness Month Newborn Screening Awareness Month		Ovarian Cancer Awareness Month Pain Awareness Month Prostate Cancer Awareness Month Sepsis Awareness Month Sexual Health Awareness Month Whole Grains Month World Alzheimer's Month	
1 TAKE ACTION Week 1	2 Labor Day	3	4	5	6	7
8 TAKE ACTION Week 2	9	10	11	12	13	14
15 TAKE ACTION Week 3	16	17	18	19	20	21
22 TAKE ACTION Week 4	23	24	25	26	27 Native American Heritage Day	28
29 TAKE ACTION Week 5	30					

Connor & Gallagher OneSource

750 Warrenville Road, Suite #400 Lisle, IL 60532

Tel: 630-810-9100 <https://www.gocgo.com>