## National Wellness Institute's

# 2019 HEALTH & WELLNESS OBSERVANCES CALENDAR



#### **Cervical Health Awareness Month**

National Cervical Cancer Coalition www.nccc-online.org

#### **National Birth Defects Prevention Month**

 ${\it March of Dimes Birth Defects Foundation} \\ \underline{\it www.marchofdimes.com}$ 

Of

Center for Disease Control & Prevention www.cdc.gov

#### **National Blood Donor Month**

American Association of Blood Banks www.aabb.org or American Red Cross www.redcross.org

### National Glaucoma Awareness Month

Glaucoma Research Foundation www.glaucoma.org

**January 15** (Martin Luther King Day) **King Day of Service** 

Corporation for National and Community Service <a href="https://www.mlkday.gov">www.mlkday.gov</a>

January 20 – 27 National Certified Nurse Anesthetists Week American Association of Nurse Anesthetists www.aana.com