

MARCH 2019

National Colorectal Cancer Awareness Month

Colorectal cancer typically begins as polyps within the colon or rectum that can become cancerous if not removed. Though colorectal cancer is the second-leading cause of cancer death in the United States, if detected early, it is highly treatable.

Symptoms of colorectal cancer include a change in bowel habits such as frequent diarrhea and constipation, continuing abdominal cramps, bloating and gas, and rectal bleeding found in stool. Though these symptoms may be due to other medical issues, it's important to be screened for colorectal cancer if you experience them—especially if you are 50 years of age or older. Early detection is key to ensuring you're not one of the 50,000 lives colorectal cancer claims each year.

For more information and resources on colorectal cancer, please visit www.ccalliance.org/.

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Bleeding Disorders Awareness Month National Cheerleader Safety Month National Colorectal Cancer Awareness Month National Endometriosis Month National Kidney Month			National Nutrition Month Problem Gambling Awareness Month Save Your Vision Month Trisomy Awareness Month Workplace Eye Wellness Month			
					1	2
3 TAKE ACTION Week 1	4	5 Mardi Gras Begins	6	7	8	9
10 TAKE ACTION Week 2 Daylight Savings (Start)	11	12	13	14	15	16
17 TAKE ACTION Week 3 St. Patrick's Day	18	19	20	21	22	23
24 TAKE ACTION Week 4	25	26	27	28	29	30
31 TAKE ACTION Week 1						

Connor & Gallagher OneSource

750 Warrenville Road, Suite #400 Lisle, IL 60532
 Tel: 630-810-9100 <https://www.gocgo.com>